

# PSYCHIATRY REDEFINED

Continuing Education  
in Functional and  
Integrative Psychiatry

## Functional Psychiatry Fellowship

An Online Program in  
Functional & Integrative  
Psychiatry Using Evidence-  
Based Approaches to  
Improve Patient Recovery



[PsychiatryRedefined.org/Fellowship](https://PsychiatryRedefined.org/Fellowship)

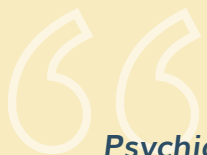
2021-2022

# Overview

The Psychiatry Redefined (PR) Functional Psychiatry Fellowship provides the most scientific, comprehensive, and convenient education in nutritional psychiatry and functional medicine. The PR Fellowship curriculum and instruction are designed to help busy clinicians apply functional medicine approaches in their clinical practice.

Through balanced, expert mentorship and training, you'll learn how to move beyond symptom suppression and management, treat the root causes of mental illness, and create scientifically-informed treatment plans unique to each patient's biochemistry.

Unique to the Functional Psychiatry Fellowship, this self-paced program offers clinically-relevant tools, along with the guidance to safely and effectively implement these tools in your practice.



*Psychiatry Redefined has provided the essential teaching and scaffolding I need to provide functional psychiatric assessment and treatment to the care of my patients. This program places a high priority on providing training that is evidence-based and clinically supported, combined with easily accessible ongoing supervision and mentorship. I highly recommend the Fellowship training for mental health practitioners that are interested in providing integrative psychiatric care!*

*- Gabrielle Taylor, MD (psychiatrist)*



## Trusted Researchers & Clinicians

Guidance and instruction from functional medicine experts with decades of experience



## Evidence-Based Education

Comprehensive, scientific courses with protocols you can directly implement in your practice



## Convenient & Accessible

Online education, tools, and resources accessible anywhere, anytime



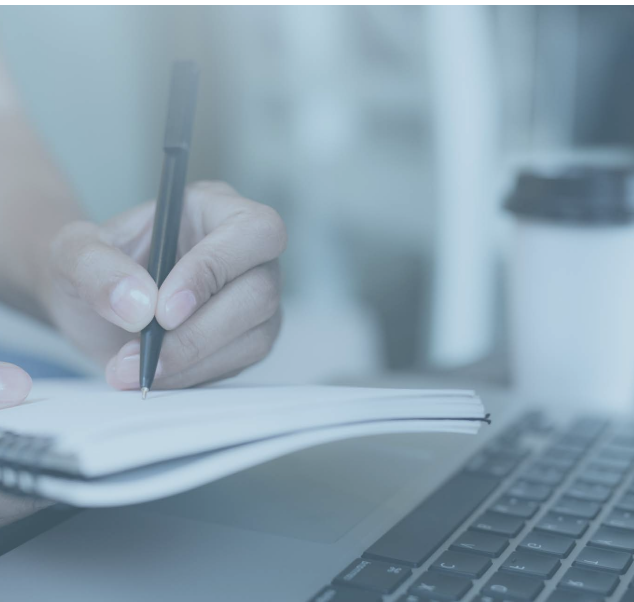
## Direct Mentorship & Collaboration

1:1 faculty mentorship, private peer forums, and regular group discussion sessions



## What You'll Learn

- The root causes and biochemical factors contributing to mental illness
- The science behind the mind, gut, and body connection
- How to safely utilize functional medicine tools in your clinical practice
- How to analyze clinical tests, labs, and diagnostics for more personalized patient treatment
- How to develop treatment plans based on unique biochemistry and genetic testing
- How to enhance treatment with nutritional supplementation
- How to move beyond symptom management and treatment resistance
- The latest research in functional medicine and nutritional psychiatry



## Who Should Take This Course?

The year-long PR Fellowship is designed for busy health-care professionals who treat mental illness and want to improve patient outcomes through functional medicine approaches.

We welcome advanced level clinicians and professionals from all backgrounds and disciplines, such as physicians, dietitians, nurse practitioners, naturopathic physicians, and other health professionals. A background in psychiatry or medicine is not necessary to enroll in this program. Student and training discounts are available.

“Functional medicine—specifically functional and integrative psychiatry—shines a light of hope into the therapeutic darkness of clinical psychiatry.

- James Greenblatt, MD, Orthomolecular Hall of Fame Inductee,  
Author & Founder of Psychiatry Redefined

# Included in the Fellowship

## Over 70 Hours of Educational Content

Discover data-driven training from faculty with expertise in researching and implementing functional treatment protocols.

## Unlimited Access to PR Learning Dashboard

Access all PR courses and resources—including webinars, videos, and presentations—for two years.

## Twice-Monthly Group Supervisions

Participate in 24 live, faculty-led Group Supervision (video) sessions to discuss monthly curriculum, ask questions, and present cases.

## 1:1 Faculty Mentoring Sessions

Receive personalized guidance and support from expert faculty with 2 dedicated mentoring sessions.

## 2-Year Membership in Private PR Listserv

Ask questions, discuss cases, and review courses as a member of the private forum—an invaluable resource to support your learning.

## Complimentary Access to Two PR Conferences

Attend any two (2) PR educational conference events for FREE during the first year of study.

*Psychiatry Redefined's fellowship provided me with the ability and confidence to offer person-centered care to my clients. With the functional medicine approach that I honed in this program, I can more completely meet my client's needs and create change for clients who had struggled to make progress. It has made me a more confident provider and I know my clients have appreciated the results. I would recommend this program for any provider hoping to offer a more robust and well-rounded approach to client care.*

- Rachel Egan, NP

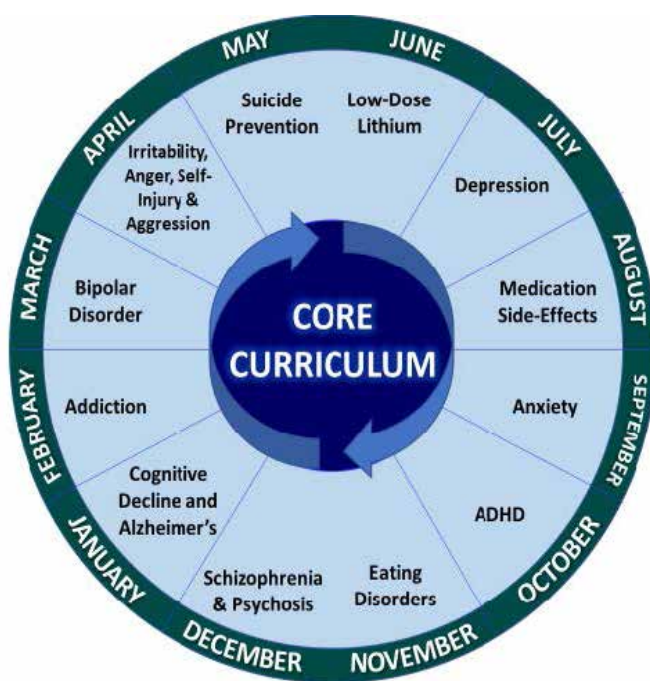
# Customized Curriculum for Busy Professionals

- ✓ Ongoing, open enrollment
- ✓ Convenient, self-paced study
- ✓ Courses accessible from anywhere
- ✓ Interactive collaboration with peers & faculty

The unique, cyclical PR Fellowship curriculum permits ongoing, open admissions. Enroll at any time during the calendar year and begin your study.

## Core Courses

- Low-Dose Nutritional Lithium
- Biological Models for Suicide Prevention
- Functional & Integrative Medicine for ADHD\*
- Functional & Integrative Medicine for Anxiety\*
- Functional & Integrative Medicine for Addiction
- Functional & Integrative Medicine for Depression\*
- Functional & Integrative Medicine for Bipolar Disorder
- Functional & Integrative Medicine for Anorexia Nervosa\*
- Functional & Integrative Medicine for Binge-Eating Disorder
- Functional & Integrative Medicine for Anger, Aggression & NSSI
- Functional & Integrative Medicine for Schizophrenia & Psychosis
- Functional & Integrative Medicine for Managing Medication Side-Effects\*
- Functional Medicine Approach to Preventing Alzheimer's Disease & Cognitive Decline



## Additional Courses

- Adaptogens in Psychiatry
- Broad-Spectrum Micronutrients
- Genetics (Laboratory Testing)
- Heavy Metals (Laboratory Testing)
- Mycotoxins (Laboratory Testing)
- Organic Acids (Laboratory Testing)
- S.H.I.N.E.® Protocol for CFS & Fibromyalgia

**New courses added every year!**

*\*Designates Courses Approved by the American Academy of Family Physicians (AAFP) for CME Prescribed Credit*

# What Makes the Fellowship Unique

Developed to provide the most practical and scientific curriculum in the field of functional psychiatry, the Functional Psychiatry Fellowship combines a comprehensive curriculum with balanced faculty instruction. Accessible and affordable, this training program maximizes your investment to help you achieve your educational goals at your own self-directed pace.



- Enroll anytime
- Affordable pricing
- Self-paced training
- Direct faculty mentorship
- Scientifically-tested curriculum and diagnostic tools
- Live and interactive collaboration with colleagues
- Private community of like-minded clinicians
- Accessible online courses and live discussions
- Clinical expertise from recognized leaders with decades of experience
- Specific instruction for applying data in a clinical setting
- The latest research and tools in functional medicine

It's time to expand how we provide psychiatric care.  
Clinicians deserve better diagnostic and treatment tools.  
Our patients deserve better care and hope for recovery.  
We can do better.

*The Psychiatry Redefined Functional Psychiatry Fellowship provided the structure and resources to strengthen the foundation for my evidence-based integrative psychiatry practice... I could easily attend the lectures and group supervisions while still attending to my clinical practice. Dr. Greenblatt is readily available to the fellows and is genuinely invested in the training; I greatly appreciated his steady presence throughout the Fellowship and his ongoing generous mentorship.*

*- Marisa Serrato, MD (psychiatrist), FAPA, ABIHM, CCN*

# Designed by clinicians, for clinicians.



Access a vast library of courses developed by Dr. James Greenblatt and expert PR Faculty, whose decades of clinical experience bridge concept and application.

## James Greenblatt, MD

Orthomolecular Hall of Fame Inductee,  
Author & Founder of *Psychiatry Redefined*

A pioneer in the field of functional and integrative medicine, James M. Greenblatt, MD, has treated patients since 1988. An acknowledged functional medicine expert, educator, and author, Dr. Greenblatt has lectured internationally on the scientific evidence for nutritional interventions in psychiatry and mental illness. Throughout three decades of practice and research, Dr. Greenblatt has been a leading contributor to helping physicians and patients understand the role of personalized medicine for mental illness. In April of 2017, he was inducted into the Orthomolecular Medicine Hall of Fame by the International Society of Orthomolecular Medicine.

Dr. Greenblatt is the author of seven books, including *Finally Focused: The Breakthrough Natural Treatment Plan for ADHD*; *Nutritional Lithium: A Cinderella Story*; *Answers to Anorexia*; *Integrative Medicine for Alzheimer's*; *Integrative Medicine for Binge Eating*; and *Integrative Medicine for Depression*; as well as co-editor with Kelly Brogan, MD, for the textbook *Integrative Therapies for Depression*.

Dr. Greenblatt currently serves as the Chief Medical Officer at Walden Behavioral Care in Waltham, MA, as well as an Assistant Clinical Professor of Psychiatry at Tufts University School of Medicine and Dartmouth College Geisel School of Medicine.

## Not sure if the Fellowship is right for you?

Investing in a professional educational program is a significant decision. Fellowship founder Dr. James Greenblatt offers complimentary phone and Zoom consultations to discuss your background, and determine if the program is a good fit for your goals.



To get started, visit: [PsychiatryRedefined.org/Fellowship-Discovery-Sessions](https://PsychiatryRedefined.org/Fellowship-Discovery-Sessions)

# Program Fees

**\$6,000**

*One-time payment (Save \$900!)*

**\$575/month**

*12 monthly installments (\$6,900 total)*

**Click to Register Today!**

To learn more or register  
for the Fellowship, please visit:  
[PsychiatryRedefined.org/Fellowship](https://PsychiatryRedefined.org/Fellowship)

Are you ready to move beyond the limitations of psychiatry's polypharmacy model? Would you like to embrace a treatment approach that offers patients lasting recovery?

Join a community of colleagues transforming the field of psychiatry with compassionate, personalized care.

# PSYCHIATRY REDEFINED

Psychiatry Redefined is an educational platform dedicated to the personalized, evidence-based treatment of mental illness. We provide comprehensive functional psychiatry training to help clinicians treat the root causes of psychiatric disorders and maximize therapeutic outcomes for patients.

Together we  
can reimagine  
mental wellness.

- Functional Psychiatry Courses
- Free Webinars
- ADHD Intensive Program
- Conferences & Events
- Clinical Resources
- Books

[www.PsychiatryRedefined.org](https://www.PsychiatryRedefined.org)